

Confidentiality Waiver

Many employers have their employee's insurance companies contract with other companies to manage their employee's health care benefits. This benefit is called managed care or health maintenance care. Mental health services are included in most plans as managed care.

As a mental health provider, I am required to submit a psychiatric diagnosis and a "treatment plan" to most managed care insurance companies if you are using your insurance company's mental health benefits. A "treatment plan" includes diagnosis, *description of the problem, personal background information, treatment goals*, and therapy methods.

Once the information is submitted, I have no control over the information. I cannot guarantee without reservation *what happens to the information after it leaves my office.*

Please indicate below, with your signature, whether or not you waive your right to confidentiality of your privileged information.

I do permit Melissa Britt Perrin, Psy.D. to submit any information required to use my mental health benefits.

Signature: _____

Date: _____

I do not permit Melissa Britt Perrin, Psy.D. to submit any information required to use my mental health benefits.

Signature: _____

Date: _____